## The Studio Beverly Fitness Center Rules and Regulations

The following rules and regulations are intended to make the fitness center safe, enjoyable and pleasant. These rules apply to all users and might be amended periodically by The Studio Beverly, LLC, an Illinois limited liability company (the "Studio").

- 1. <u>Use</u>. Users shall use the facilities and related equipment solely for weight and cardiovascular training on the equipment provided. Users shall not misuse or use the facility and related equipment in any manner that will cause damage (economic and/or non-economic). Users shall not install, nor tamper, alter with or remove, any equipment in the facility. No person may use the facility without signing a release in the form provided by the Studio. Guests are not authorized to use the facility or any of the equipment without the prior written consent of the Studio, which consent may be granted or denied in the sole discretion of the Studio, and users may not grant access to the facility, nor permit the facility to be used, by any unauthorized persons.
- 2. <u>Fitness Center Trainers</u>. Users who wish to hire personal trainers and use the facility for training will ensure that the trainer has completed a release in the form provided by the Studio prior to scheduling training.
- 3. <u>Hours of Operation</u>. To accommodate cleaning of the facility on a daily basis, the fitness center may be used during the following hours:

Monday – Friday 7:00 AM to 9:00 PM Saturday – Sunday 9:00 AM to 3:00 PM

- 4. <u>Clothing</u>. The minimum attire at the facility is gym shorts, T-shirts, socks and tennis shoes. Any conventional exercise attire is permissible, including leotards and tights, warm-up suits, etc. Sneakers, tennis shoes or similar footwear must be worn at all times. No sandals, open-toed or open-backed shoes are permitted. It is recommended strongly that no jewelry be worn while using the fitness center. Do not leave bags or personal belongings on the floor or, on or under any equipment.
- 5. <u>Conduct</u>. Any conduct that, in the Studio's sole discretion, unreasonably interferes with the use or enjoyment of the facility or the equipment by others or disrupts or interferes with normal, safe, orderly and efficient operation is strictly prohibited. Personal audio equipment may not be used without headphones. Users are expected to observe proper fitness facility etiquette (i.e. wiping down/sanitizing equipment after use; allowing other users to "work-in" during sets). Please return all dumbbells and weight plates to the proper trees/racks after use and wiping down. Do not drop dumbbells or any weights on the floor or bang any dumbbells or weights. The use of of collars is required for all plate-loaded free weights. Weights and bars should not lean up against any equipment, mirrors or walls. The use of chalk is prohibited. Use of equipment is on a first-come, first-served basis. Users agree to pay for any damage caused by such user to any equipment or the facility.
- 6. <u>Smoking: Vaping. Tobacco and Drugs</u>. Smoking of any kind (including, without limitation, vaping) or consumption of tobacco products is strictly prohibited in the facility or on the grounds upon which the facility is located. No drugs or illegal substances are permitted in the facility or on the grounds upon which the facility is located.
- 7. <u>Solicitations and Petitions</u>. Solicitation at or adjacent to the facility for the sale of any product or service, or for charitable contributions, and petitions of any kind, are strictly prohibited.
- 8. <u>Identification</u>. Upon request by any of the Studio's personnel, users of the facility must present identification deemed acceptable to the Studio.
- 9. <u>Food and Beverage</u>. Food and beverage may not be brought into the facility for consumption, except for bottled water or sports beverages, provided the same are contained in appropriate sealable containers. Alcoholic beverages are strictly prohibited. No gum is allowed.
- 10. <u>Notices, Complaints or Suggestions</u>. Users immediately must notify the Studio if they discover unsafe or hazardous defects or conditions relating to the facility or any equipment. Complaints or suggestions regarding the operation, maintenance, services and equipment at the facility should be directed to Ashley Lomaglio.
- 11. <u>Maintenance</u>. No user may leave litter, trash, debris or articles of clothing at or around the facility. Users are required to pick up after themselves and discard all trash. The entry door must be kept closed at all times.
- 12. Face Coverings. At the present time, face-coverings are optional.
- 13. <u>Failure to Comply</u>. Violations of any of these rules and regulations by any user may result, in the Studio's sole discretion, with such user's access to, or use of, the facility may be suspended or terminated. No such suspension or termination shall entitle such user to any refund or rebate of fees paid or payable to the Studio for the use of the facility.
- 14. No Video or Photography. Video or photography in the facility is not permitted without the prior, written approval of the Studio.
- 15. Phone Use. Use of telephones is not permitted while using any equipment.
- 16. <u>No Personal Trainers; Equipment</u>. Unless permitted, in writing by the Studio, no personal trainers or gym equipment are allowed in the facility.